

Chapter 1: Super Self-Expression Fuel™

Discussion Points:



Acceptance and Uniqueness:

- Discuss Jayden's love for his unique sock collection. How does Jayden's cousin analogy with pizza.
- Encourage children to share something unique about themselves that they embrace.

Dealing with Criticism:

- Explore how Jayden responds to the new kid's criticism of his socks. How does cousin's advice help him handle the situation?
- Discuss strategies for dealing with criticism and promoting a positive self-image.

Embracing Quirks:

- Talk about the conclusion where Jayden feels awesome in his socks. How does embracing our quirks contribute to our well-being?
- Encourage children to express and celebrate their individuality.