

Chapter 2: The Giggle Challenge™

Discussion Points:



Conquering Embarrassment:

- Discuss Jenny's response to falling during the talent show. How does she turn an embarrassing moment into a positive one?
- Explore the idea that laughter can be a powerful tool to overcome embarrassment.

Building a Positive Environment:

- Explore how Jenny starts the "Giggle Challenge" to create a positive atmosphere in the school. How does laughter bring people together?
- Discuss the impact of laughter on building positive relationships.

Sharing Vulnerabilities:

- Talk about the conclusion where the whole school embraces laughter. How does sharing vulnerabilities make people feel more connected?
- Encourage children to share funny stories or moments from their own lives.